

Children, Young People, and Families' Neurodiversity Wellbeing Team

Understanding Autism Parent/Carer Workshop

*An interactive workshop for parents and carers of children with
diagnosed ASC or on a diagnosis pathway*



Including topics such as, but not limited to:

- **Understanding Autistic Traits**
- **Communication and Language Interpretation**
- **Sensory Experiences and Self Regulation**
- **Practical Positive Strategies and Tips**

**To book a place, give us a call on 01752 435404 or
email livewell.neurowellbeing.enquiries@nhs.net**

We support people to lead independent, healthy lives