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FOR CONTACTS/ PARENTS OF CLOSE CONTACTS OF COVID 19 at Eggbuckland Community College

6<sup>th</sup> November 2020

Dear Parent / Carer of a child in our Year 9,

Advice for child to self-isolate for 14 days

We have been advised by Public Health England that there has been a confirmed case of COVID-19 within our **Year 9 bubble.** This student was at Eggbuckland on the Tuesday and Wednesday of this week. The COVID-19 test undertaken on Wednesday came back positive today which means the student in question was in College when he/she was infectious.

In order to reduce the number of students isolating to a minimum, we were quick to identify all the students with whom this student had prolonged contact and also those with whom he/she had sat next to in lessons. This research initially identified about 30 students and they were immediately collected by parents to isolate. Following a second conversation with Public Health England, we were advised that the safest course of action was for the whole year group to isolate. We have therefore had to make a very difficult decision that the whole of Year 9 will need to self-isolate for 14 days, ending Friday 20<sup>th</sup> November.

From Monday 9<sup>th</sup> November and over the whole isolation period, teachers will be preparing live 'on line' lessons that will run throughout the College day. Mr Crawford will be emailing information to each student's account with more details about this.

You are being asked to isolate your Year 9 child to further reduce the spread of COVID-19 to others in the community. Students attending Eggbuckland from all other year groups *should attend as normal* and this includes siblings of students from Year 9 who also go to Eggbuckland.

If your child is well at the end of the 14 days period of self-isolation, they can return to usual activities. The return to ECC is scheduled for Monday 23<sup>rd</sup> November.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 14 day self-isolation period.

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person



































https://www.gov.uk/government/publications/guidance-for-contacts-of-people-withpossible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person

### What to do if your child develops symptoms of COVID-19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <u>https://www.nhs.uk/ask-for-a-</u><u>coronavirus-test</u> or by calling 119.

People who do not have symptoms should not request a test unless this has been specifically requested by Public Health England or the local authority.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Please see the link to the PHE 'Stay at Home' Guidance: <u>https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection</u>

# Symptoms of COVID-19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)



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## For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <u>https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/</u>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <u>https://111.nhs.uk/</u> or by phoning 111.

#### How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

### **Further Information**

Further information is available at <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/">https://www.nhs.uk/conditions/coronavirus-covid-19/</a>

Yours sincerely

Matthew Corrigan CEO/Principal

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Wendy Cavell Chair of Trustees