

## Health and Nutrition

Suggested Combination:	Health and Social Care, Food Science, Applied Science or Biology
<p>The great thing about the academic pathway is that it allows you to choose 3 Subjects. This gives you the advantage of choosing a wide range of future careers. Below we have included a sample of future pathways associated with a Health and Nutrition direction. To find out more information and possible future pathways for this Subject combination log on to UNIFROG by following this link <a href="https://www.unifrog.org/student/subjects">https://www.unifrog.org/student/subjects</a></p>	
Possible Degrees	BSc in Nutrition and Dietetics, BSc in Food Science and Technology, BSc in Public Health Nutrition, BSc in Health and Wellbeing, BSc in Dietetics and Nutrition.
Possible Careers and Apprenticeships	<p><b>Nutritionist/Dietitian:</b> Work with individuals or communities to promote health through proper nutrition.</p> <p><b>Food Technologist:</b> Develop and improve food products, ensuring safety, quality, and nutritional value.</p> <p><b>Public Health Officer:</b> Focus on preventing and addressing health issues in communities through education and interventions.</p> <p><b>Health Promotion Specialist:</b> Develop and implement programs to promote healthy lifestyles and prevent diseases.</p> <p><b>Clinical Research Associate:</b> Conduct research studies related to food, health, and nutrition in clinical settings.</p> <p><b>Community Health Worker:</b> Provide support and education on health and nutrition to individuals and communities.</p> <p><b>Quality Assurance Manager (Food Industry):</b> Ensure that food products meet regulatory standards and quality specifications.</p> <p><b>Wellness Coordinator:</b> Develop and manage workplace wellness programs to improve employee health.</p> <p><b>Apprenticeships available:</b> Dietitian; Assess &amp; treat diet-related &amp; nutritional problems &amp; raise awareness of the link between food &amp; health at both an individual wider public health level.</p>