

Period 0 Information

Intent - To prepare the students for exams academically and mentally.

Implementation - Students will follow a timetable of events throughout the year

Period 0 Timetable

Mon	Tues	Weds	Thurs	Fri
Subject content	Subject content	Year 11 assembly	Subject content	Subject content / Future Friday

Assemblies planned will focus on mental strength and resilience along with coping with exam stress. It will also focus on key aspects of the year and what will support them succeed in their exams.

Students will participate in a full careers programme which will consist of live speakers in a range of job sectors, importance of a good CV, mock interview preparation and further education route information- apprenticeship and university.

During the mock exam period, final revision sessions will be held during Period 0 time to help students reinforce their knowledge and address any last-minute questions or concerns before their exams.

Period 0 groups will be made up with a subject focus of Maths and English. Students will experience a period in both Maths and English throughout the year. These Period 0 groups will change throughout the year according to mock results and created by working closely with the Curriculum Team Leaders. Students will be prepared in Period 0 time to improve their learning in these highly critical subjects.