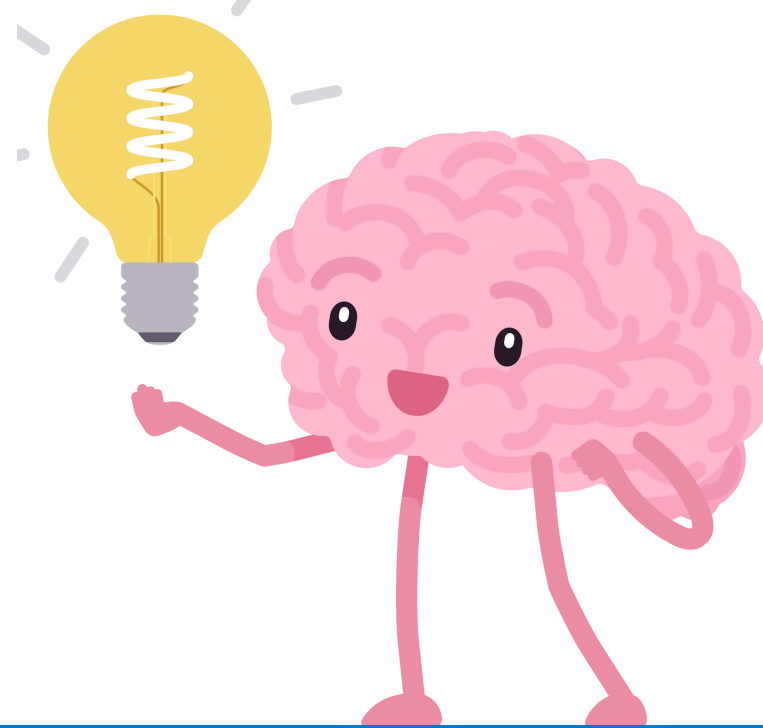


# Children, Young Person, and Families' Neurodiversity Wellbeing Team

## ***Understanding ADHD Parent/Carer Workshop***

*An interactive workshop for parents and carers of  
children and young people with a diagnosis of ADHD,  
or on the diagnosis pathway*



*Including topics such as, but not limited to*

- **Explaining Common Symptoms**
- **Support Strategies**
- **Understanding Behaviours**
- **Awesome Qualities of ADHD**

**To book a place, give us a call on 01752 435404 or  
email [livewell.neurowellbeing.enquiries@nhs.net](mailto:livewell.neurowellbeing.enquiries@nhs.net)**

*We support people to lead independent, healthy lives*